

In Patients with BP, CHD, Hypertriglyceridemia  
Bring Back **Life Under Control**

# OMEGA 3

500 mg & 1000 mg **First**

Nature's expert for a **Healthier Life**



## OMEGA 3 First Supplementation controls

- **Endothelial Function:** Leads to reduction in systolic & diastolic Blood Pressure.<sup>1</sup>
- **Arrhythmia:** Reduces 40% sudden cardiovascular death.<sup>2</sup>
- **Triglyceride level by inhibiting VLDL-triglyceride synthesis and secretion:**<sup>3</sup>



40% in Triglyceride levels.<sup>4</sup>

30% in triglyceride levels when added as an adjunct to statin therapy.<sup>4</sup>

## OMEGA 3 First Offers :

- 100% Naturally derived Omega-3 FA
- Mercury Free
- No Fishy odour
- 100% Halal Certified



## Recommend<sup>5</sup>

- Normal blood pressure
- Normal concentrations of triglycerides
- Coronary Heart Disease

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### Dosage Recommendations<sup>5</sup>

**1-2 Capsules/day: (1g of EPA & DHA)**

- In documented Coronary Heart Disease

**2-4 Capsules/day: (2-4 g of EPA & DHA)**

- In hypertriglyceridemia



- Recommended formula
- Easy to swallow soft gel
- No after taste
- 100% Halal Certified

1. J Hypertens 2002;20:1493-9; 2. J cardiopulm Rehabil 2008; 28:92-98; 3. GMJ /July -2010 Vol65 No-2;  
4. Am J Clin Nutr 1997; 65 ( 5 Suppl):1645S-1654S; 5. Circulation 2002;106:2747-57.